

Premier Partner:



National Partners:



**About ZERO — The Project to End Prostate Cancer:**

We commit ourselves not only to reduce prostate cancer and alleviate the pain from the disease, but to end it. We see a future where all men who have been diagnosed with prostate cancer will be cured or can manage their illness with high quality of life, with the support they need to minimize physical and emotional suffering, and to cope effectively throughout their cancer journey. For more information, go to [ZeroCancer.org](http://ZeroCancer.org).

**About Urology Health Foundation:** Since 2007, the Urology Health Foundation has screened over 2,300 men free for prostate cancer in 16 different Alabama counties. In 2010 alone, the Foundation screened 1,068 men in 13 Alabama counties, many of which were in the Black Belt Region of the State. For more information, go to [UrologyHealthFoundation.org](http://UrologyHealthFoundation.org).

**About Urology Centers of Alabama:** Urology Centers of Alabama for over 50 years has been committed to providing the highest quality medical services in a compassionate and caring environment. With 16 skilled physicians as well as state-of-the-art facilities, the practice has earned a well-deserved reputation for excellence in the Birmingham medical community. For more information, go to [UrologyCentersAlabama.com](http://UrologyCentersAlabama.com).



UROLOGY HEALTH FOUNDATION



GREAT PROSTATE CANCER Challenge BIRMINGHAM • 2011



5K RACE & 1 MILE FUN WALK

Saturday • September 24<sup>th</sup> • 8AM  
Oak Mountain State Park • Birmingham, AL



**GreatProstateCancerChallenge.com**  
**Saturday, September 24, 2011**  
 5K Race & 1 Mile Fun Walk • 8AM  
*(Rain or Shine)*

**Oak Mountain State Park – Dogwood Pavilion**  
 200 Terrace Dr • Pelham, AL 35124  
*(Park Entrance Fee will be Waived)*  
*(Free Parking Available)*

Join Urology Centers of Alabama for the Great Prostate Cancer Challenge®, a 5K Race and 1 Mile Fun Walk to support ZERO — The Project to End Prostate Cancer and Urology Health Foundation. The race is part of the Great Prostate Cancer Challenge, America's Premier Men's Health Event Series, taking place in 27 cities in 2011. Funds raised go to prostate cancer research, education, and free screenings. ZERO provides comprehensive treatment information to patients, education to those at risk, and free screenings to men around the country. The Urology Health Foundation provides free screenings to men in the State of Alabama. ZERO also works to increase research funds from the federal government to find new treatments and better diagnostic tests for this disease.

The Urology Centers' physicians are leading the way to treat prostate cancer with cutting-edge medical procedures such as minimally invasive robotic surgery, image-guided radiation, seed implantation, and cryosurgery. The practice also plays an integral role in the field of urology through research studies conducted at the facility. Urology Centers of Alabama is committed to investigating the effectiveness of all treatment options, including new drugs and procedures that hold great promise.

Nationwide, a man dies from prostate cancer every 18 minutes. But there is hope—education about prostate cancer risk and access to screenings can save countless lives. Join us in making the **GPCC – Birmingham** a great success!

**Awards:** Awards will be given to 1st Overall Male and Female winners (*cannot win in age group*), Top 3 Male and Female winners in the following age groups: 0-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-99.

**Entry Fees:** \$25 Pre-registration; \$30 Race Day Registration; for the 5K Race and 1 Mile Fun Walk. Entry fees are non-refundable. Please make checks payable to: **ZERO — The Project to End Prostate Cancer** (*on reference line of check, please write: GPCC – Birmingham*). To pay by check or credit card, or to make a donation, mail the completed form to the address below:

**GPCC – Birmingham**  
 P.O. Box 320941 • Alexandria, VA 22320

**Registration & Packet Pickup:** Register by mail (*using this form*) or online at [GreatProstateCancerChallenge.com/races/birmingham](http://GreatProstateCancerChallenge.com/races/birmingham). Register in person or pick up your Bib and T-Shirt at:

- Urology Centers of Alabama  
 3485 Independence Dr  
 Homewood, AL 35209  
 Friday, September 23<sup>rd</sup> (10AM – 5:30PM)
- Oak Mountain State Park (*Dogwood Pavilion*)  
 Race Day, Saturday, September 24<sup>th</sup> (7AM – Race Start)

**Bring the Whole Family:** Bring the whole family and get ready for the first ever Great Prostate Cancer Challenge 5K Race and 1 Mile Fun Walk for the Birmingham area. Competitors from across the State are invited to pick up the pace against prostate cancer.

**Teams:** Go the extra mile and create a team for the 2011 **GPCC – Birmingham** on Saturday, September 24<sup>th</sup>. Challenge your friends, family, or colleagues to run (*or walk*) in honor of or in memory of a loved one. Teams run/walk together to raise funds for ZERO — The Project to End Prostate Cancer and Urology Health Foundation. Visit [GreatProstateCancerChallenge.com/races/birmingham](http://GreatProstateCancerChallenge.com/races/birmingham) to set up a running team.

**Fundraising:** Round up your friends, co-workers, community groups (*club, church, or association*) or schools and start fundraising for the **GPCC – Birmingham**. Please visit [GreatProstateCancerChallenge.com/races/birmingham](http://GreatProstateCancerChallenge.com/races/birmingham) for more information and to create your own personal or team donation page.

**Volunteer:** If you would like to volunteer at the race, please contact: Sherry Wilson at (205) 445-0117 or [swilson@urologyal.com](mailto:swilson@urologyal.com).



**REGISTRATION FORM:**  
 Register online at: [GreatProstateCancerChallenge.com](http://GreatProstateCancerChallenge.com)

5K RACE  1 MILE WALK

ARE YOU A PROSTATE CANCER SURVIVOR?  Y  N

**Liability waiver must be signed before mailing:**

I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and understood by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the organizers and sponsors of the GPCC – Birmingham 2011, Urology Centers of Alabama, Urology Health Foundation, ZERO — The Project to End Prostate Cancer, Oak Mountain State Park, State of Alabama, City of Pelham, their representatives, all volunteers, and all of their successors from all claims or liabilities of any kind arising out of my participation in this event or carelessness on the part of the persons named in this waiver. Further, I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purposes.

CUT HERE ✂

PARTICIPANT'S FIRST NAME		PARTICIPANT'S LAST NAME		TEAM NAME <small>(IF APPLICABLE)</small>	
ADDRESS		STATE		ZIP CODE	
CITY	SEX	AGE <small>(ON RACE DAY)</small>	T-SHIRT SIZE <small>(SHIRTS ARE GENDER SPECIFIC)</small>	PHONE NUMBER	
EMAIL ADDRESS		CARD HOLDER'S FIRST NAME		CARD HOLDER'S LAST NAME	
CARD NUMBER	EXPIRATION DATE	SECURITY CODE <small>(ON BACK OF CARD)</small>			
\$	ENTRY FEE <small>(CHARGED TO MY CARD)</small>	\$	ADDITIONAL DONATION <small>(CHARGED TO MY CARD)</small>	CARD TYPE	CARD HOLDER'S SIGNATURE
					DATE